

OCTOBER 2024

## Top TDM Under 40 GVF Award!

#### Michael Gerhart, CSSO Congratulations on Your Recognition!



TransNet's Safety & Training Manager was honored by GVF with their "Top TDM Under 40" award in September. This award recognizes ambitious leaders who are making specialized contributions and working to find creative solutions to improve our quality of life through alternative commuting programs.

### Montgomery County - SENIOR CENTER **SPOTLIGHT**

TransNet is always on the road, and among the places you can travel with us are senior activity centers throughout Montgomery County, PA. Two of these are the MONTCO **SAAC locations in Norristown and Ambler.** 

Ambler SAAC is open weekdays from 8 am until 3:30 pm (holidays/inclement weather will change this schedule). Individual Memberships for persons 50+ years old are \$30 per year.

A typical week of activities may include Bridge, Bingo, gardening, knitting, Tai Chi, chair aerobics, drumming and movies. Special events ranging from informational sessions and visits with local officials to live entertainment and health services are a regular fixture. A warm, nutritious lunch is a daily staple, with just a \$2 donation.

For membership and program information, you may contact the Ambler location at 215-619-8863.

The Ambler branch of MONTCO SAAC is also home to the Art Center At Ambler (ACAA), which offers classes in Drawing, Painting, Sculpture, Photography, Ceramics and more for people of all ages.



**MONTCO SAAC Ambler** 45 Forest Ave. Ambler, PA 19002 215-619-8863

montcosaac.org



MontCo SAAC is a private 501(c)3 non-profit dedicated to creating space for adults over 50 to meet, learn, connect & find resources to support their happiest, healthiest lives.



### OCTOBER IS **DOWN SYNDROME** AWARENESS MONTH

Approximately one in every 775 babies in the United States is born with Down syndrome, making Down syndrome the most common chromosomal condition.



# TransNet is Always on the Road!

**Our Green Ride propane** bus was a hit at the "Big Rig Roundup" at Montgomery



Don't miss out on free Fall Fun in Lansdale and Montgomery

**Township in October!** 



**Check out the upcoming events** below to discover resources, engage with your community, and stop by to say hello!





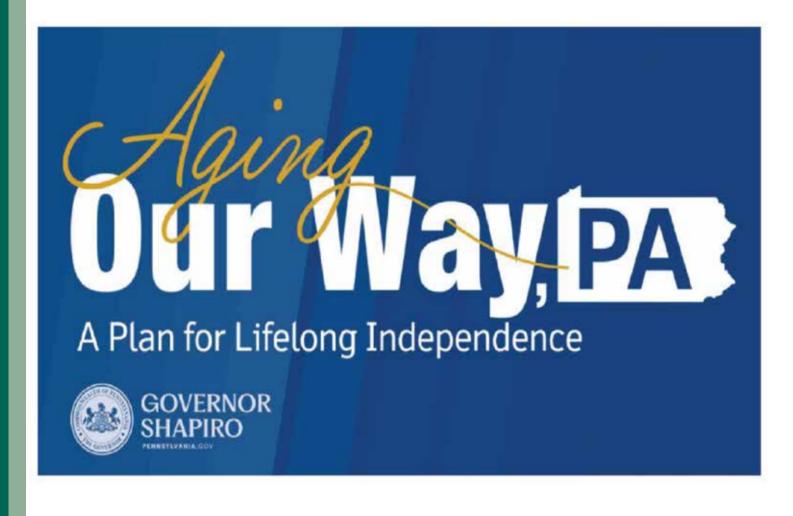
Fill out the Survey by copying and pasting this link: https://forms.office.com/pages/responsepage.aspx?id=QSiOQSgB1U2bbEf8Wpob3j0\_8 NyY4kVFgqcp\_7EwaeNUOUtFOERGT1dBTlJFOFNYOUU0MDVJV05YWC4u&route= shorturl&fbclid=IwY2xjawF6HEdleHRuA2FlbQIxMAABHVDokMPzZkyQ289xZEO5gc4e XSkOnRRSjwn7ltW-HPNrM-aWxpcCJL62VQ\_aem\_KcYlOFf5gLv\_Ja\_2pknXfg



Developing Pennsylvania's Caregiver Toolkit

this link: https://www.pa.gov/en/agencies/aging/aging-our-way-pa.html

Learn more about "Aging Our Way, PA" by copying and pasting





OCTOBER 17, 2024 10 AM - 1 PM

Lansdale YMCA 608 E. Main Street Lansdale, PA

DON'T MISS OUT ON YOUR OPPORTUNITY TO GET FREE VACCINES, RESOURCES AND MORE!

LANSDALE YMCA/NORTH PENN COMMONS











**CALL TO SCHEDULE A RIDE** 215.542.7433 www.suburbantransit.org

